PROGRAM

FRIDAY, JUNE 21, 2019

07:00 - 07:45  Registration & Coffee

07:45 - 08:00  Welcome & Introductory Remarks

A. Skouras, M.D., President, Greek Association of Functional Rhinoplasty &
K. Mitsakos-Barbagiannis, M.D., President, REA Maternity Hospital

LIVE SURGERY

08:00 - 09:00  Facelift - GEORGE SKOURAS, M.D.
Moderator: Spero Theodorou, M.D.

LIVE SURGERY

09:00 - 10:00  Facelift - CHIARA BOTTI, M.D.
Moderator: Mario Pelle Ceravolo, M.D.

10:00 - 10:30  Coffee Break
LIVE SURGERY
10:30 - 11:30    Blepharoplasty  - DANIEL BAKER, M.D.
Moderator: Spero Theodorou, M.D.

LIVE SURGERY
11:30 - 12:30    Browlift  - MARIO PELLE CERAVOLO, M.D.
Moderator: Vitaly Zholtikov, M.D.

12:30 - 13:30    Lunch Break

LIVE SURGERY
13:30 - 14:30    Facelift  - DANIEL BAKER, M.D.
Moderator: Spero Theodorou, M.D.

LIVE SURGERY
14:30 - 15:30    Facelift  - MARIO PELLE CERAVOLO, M.D.
Moderator: George Skouras, M.D.

15:30 - 16:00    Coffee Break

LIVE SURGERY
16:00 - 17:00    Face and Neck Sculpting with Radio-Frequency Assisted Lipolysis(RFAL)
                 - SPERO THEODOROU, M.D.
Moderator: George Skouras, M.D.

LIVE SURGERY
17:00 - 18:00    Midface Lift  - VITALY ZHOLTIKOV, M.D.
Moderator: Chiara Botti, M.D.
PANEL
18:00 - 19:00 Debating the choices in Facelift
Moderator: George Skouras, M.D.
Panelists: D.Baker, M.D., M.Pelle Ceravolo, M.D., S.Theodorou, M.D., C.Botti, M.D.,
V.Zholtikov, M.D., N.Celik, M.D.

HEAD & NECK RECONSTRUCTIVE SURGERY
19:00 - 19:10 Facial Reanimation - D.Karipidis, M.D.
19:10 - 19:20 Microvascular transplantation in head & neck oncology - S.Stavrianos,
M.D.
19:20 - 19:30 3D printing for preoperative planning in head and neck microsurgical
reconstruction using the fibula flap - K.Benetatos, M.D.

KEYNOTE LECTURE
19:30 - 19:40 Skull Base Surgery - S.Stavrianos, M.D.

SATURDAY, JUNE 22, 2019

FAT & FILLERS LECTURES
07:30 - 07:40 Biocellular Rejuvenation: using Nano-fat in facial aesthetics - P.Nassif, M.D.
07:40 - 07:50 Microfat, Nanofat grafting and SNIF: Powerful Adjuncts to Facial Rejuvenation
- D.Drakotos, M.D.
07:50 - 08:00 Nasal Tip Necrosis after filler injection - The next steps - P.Nassif, M.D.
08:00 - 08:10 Fat Grafting during Facelift and Blepharoplasty: Principles and Art - N. Celik,
M.D.
08:10 - 08:20 Lower Eyelid Fat Grafting made Easy & safe - M.Pelle Ceravolo, M.D.
08:20 - 08:30 Discussion
Moderator: M.Pelle Ceravolo, M.D.
**BROW & FOREHEAD REJUVENATION LECTURES**

08:30 - 08:40  Ideal Proportions of the Periorbital Region Aging - V.Zholtikov, M.D.

08:40 - 08:50  The Brows deserve more importance: don’t lift but shape them - M. Pelle Ceravolo, M.D.

08:50 - 09:00  Superficial Lateral Browlift- How to Get Natural Results - V.Zholtikov, M.D.

09:00 - 09:10  Upper Blepharoplasty with Brow Fixation(video) - N.Celik, M.D.

09:10 - 09:20  Temporal brow lift : 12 pearls for success - P.Nassif, M.D.

09:20 - 09:30  Discussion

Moderator: N.Celik, M.D.

**EYELIDS LECTURES**

09:30 - 09:40  35-year experience and evolution with lower blepharoplasty - D.Baker, M.D.

09:40 - 09:50  Round Eyes: an anachronistic result after Blepharoplasty - M.Pelle Ceravolo, M.D.

09:50 - 10:00  Surgical solutions for upper blepharoplasty complications. N.Celik, M.D.

10:00 - 10:10  Lower eyelid transconjuctival blepharoplasty with fat repositioning/grafting: How I do it. - P.Nassif, M.D.

10:10 - 10:20  Midface lift and canthopexy to solve scleral show and ectropion - C.Botti, M.D.

10:20 - 10:30  Discussion

Moderator: C.Botti, M.D.

10:30 - 11:00  Coffee Break

**FACE & NECK LECTURES**

11:00 - 11:10  Short Scar Rhytidectomy: Indications, Limitations, Complications - D.Baker, M.D.

11:10 - 11:20  Considerations about Neck Rejuvenation after a 35-year experience - M.Pelle Ceravolo, M.D.

11:20 - 11:30  Vertical Vector facelift with SMAS Plication - N.Celik, M.D.

11:30 - 11:40  Vector Choice and Variations in SMAS Plication- SMASectomy - G.Skouras, M.D.

11:40 - 11:50  Limited Midface lift - V. Zholtikov, M.D.

11:50 - 12:00  Submandibular gland and digastric muscle resection - D.Baker, M.D.
12:00 - 12:15 Revision Facelift: Problems I frequently encounter - G.Skouras, M.D.
12:15 - 12:25 Cervical- Facial Lift. Our personal approach - C.Botti, M.D.
12:25 - 12:35 Platysmectomy: my new addition to my Neck Addiction - M.Pelle Ceravolo, M.D.
12:35 - 12:45 How long does a facelift last? Primary, Secondary, Tertiary Rhytidectomies: Same Patient, Same surgeon - D.Baker, M.D.
12:45 - 12:55 Surgical vs Liquid Facelift - K.Patsis, M.D.
12:55 - 13:05 Neck Sculpting with radiofrequency - S.Theodorou, M.D.
13:05 - 13:15 Discussion
Moderator: G.Skouras, M.D.

13:15 - 14:30 Lunch Break

**LIVE SURGERY**

14:30 - 16:00  **Rhinoplasty** - ATHANASIOS SKOURAS, M.D.
Moderator: G. Skouras, M.D., L.Asimakopoulou, M.D.

**LIVE SURGERY**

16:00 - 17:30  **Rhinoplasty** - PAUL NASSIF, M.D.
Moderator: Nuri Celik, M.D.

17:30 -18:00 Coffee Break

**KEYNOTE LECTURE**

18:00 - 18:20 Plastic Surgery of the Facial Skeleton - A.Wolfe, M.D.

**KEYNOTE LECTURE**

18:20 - 18:40 Open or Closed Rhinoplasty “an endless debate” - N.Trenite, M.D.
ETHNIC NOSE LECTURES
18:40 - 18:50  The Middle eastern nose -  H.Foda, M.D.
18:50 - 19:00  The Greek Nose -  R.Mantzari, M.D.

PANEL
19:00 - 20:00  How would you manage this nose?
Moderator: Athanasios Skouras, M.D.
Panelists: N.Trenite, M.D., H.Foda, M.D., P.Nassif, M.D., I.Konstandinidis, M.D., V.Zholtikov, M.D., N.Celik, M.D.

SUNDAY, JUNE 23, 2019

LIVE SURGERY
07:30 - 09:00  Rhinoplasty - NURI CELIK, M.D.
Moderator: Hossam Foda, M.D.

LIVE SURGERY
09:00 - 10:30  Rhinoplasty - NOLST TRENITE, M.D.
Moderator: Paul Nassif, M.D.

LIVE SURGERY
10:30 - 12:00  Rhinoplasty - HOSSAM FODA, M.D.
Moderator: Vitaly Zholtikov, M.D.

12:00 - 12:30  Lunch Break
MARKETING LECTURES
12:30 - 12:40  How to start your own skin care line - P. Nassif, M.D.
12:40 - 12:50  Launching & promoting your own line of cosmetics - J.F.Garcia, MBA
12:50 - 13:00  TV advertising: An unmatched tool to build trust & trigger emotion - E.Skoura, CEO SkourasMed
13:00 - 13:10  The good, the bad, the botched! What it’s like having your own reality show. - P. Nassif, M.D.

NASAL DORSUM LECTURES
13:10 - 13:20  How to improve my results in hump resection - N.Trenite, M.D.
13:30 - 13:40  Piezo ostectomy and osteotomy with maximum preservation of bone stability - V.Zholtikov, M.D.
13:40 - 13:50  How to prevent nasal dorsal irregularities: diced cartilage injection of the nasal dorsum - N.Celik, M.D.
13:50 - 14:00  Dorsal augmentation in rhinoplasty: Is the DCF (diced cartilage fascia) worth the hype? - P.Nassif, M.D.
14:00 - 14:10  Management of the deviated nose - A.Skouras, M.D.
14:10 - 14:20  How to prevent the recurrence of nasal dorsal deviation: Full thickness division of dorsal septum - N.Celik, M.D.
14:20 - 14:30  Correction of severely crooked noses. Is extracorporeal mandatory? - H.Foda, M.D.
14:30 - 14:40  Discussion
Moderator: Paul Nassif, M.D.

NASAL TIP LECTURES
14:40 - 14:50  How to overcome the inherent anatomical traps of nasal tip surgery - N.Celik, M.D.
14:50 - 15:00  Achievement of an aesthetic tip using tip suturing techniques - L.Asimakopoulou, M.D.
15:00 - 15:10  Pearls for lateral crura transposition - V.Zholtikov, M.D.
15:10 - 15:20  The Goldman technique in my practice - A.Skouras, M.D.
15:20 - 15:30 The overprojected nasal tip - H.Foda, M.D.
15:30 - 15:40 The droopy nasal tip - H.Foda, M.D.
15:40 - 15:50 Management of the droopy tip - I.Konstandinidis, M.D.
15:50 - 16:00 Treatment algorithms for the post-operative purple nasal tip - P.Nassif, M.D.
16:00 - 16:10 Discussion
Moderator: Nolst Trenite, M.D.

REVISION NASAL SURGERY LECTURES
16:10 - 16:25 Revision Rhinoplasty, my experience - A.Skouras, M.D.
16:25 - 16:40 Revision Rhinoplasty, what I learned from my mistakes - N.Trenite, M.D.
16:40 - 16:55 Total nasal reconstruction techniques for the short and over-rotated nose - P.Nassif, M.D.
16:55 - 17:10 Revision tip surgery - H.Foda, M.D.
17:10 - 17:25 Secondary rhinoplasty: use of conchal cartilage and retroauricular soft tissue for dorsum reconstruction - N.Celik, M.D.
17:25 - 17:40 Grafts in Rhinoplasty: My Experience - A.Athanasiou, M.D.
17:40 - 17:55 Most helpful grafts in Rhinoplasty - I.Konstandinidis, M.D.
17:55 - 18:10 Discussion
Moderator: Hossam Foda, M.D.

KEYNOTE LECTURE
18:10 - 18:20 Management of the Tension Nose - I.Chrisaitis, M.D.

KEYNOTE LECTURE
18:20 - 18:30 Essential marketing 101 for your practice - P.Lim Prendergast, CEO ECAMS

KEYNOTE LECTURE
18:30 - 18:40 Psychological Approach of the Plastic Surgery Patient - A.Kokkinidis, M.D.