

2nd Clinical Course of Internal Medicine

for Medical Students and Medical Graduates

Scientific Society of Hellenic Medical Students
Department of Patras



WORKSHOPS

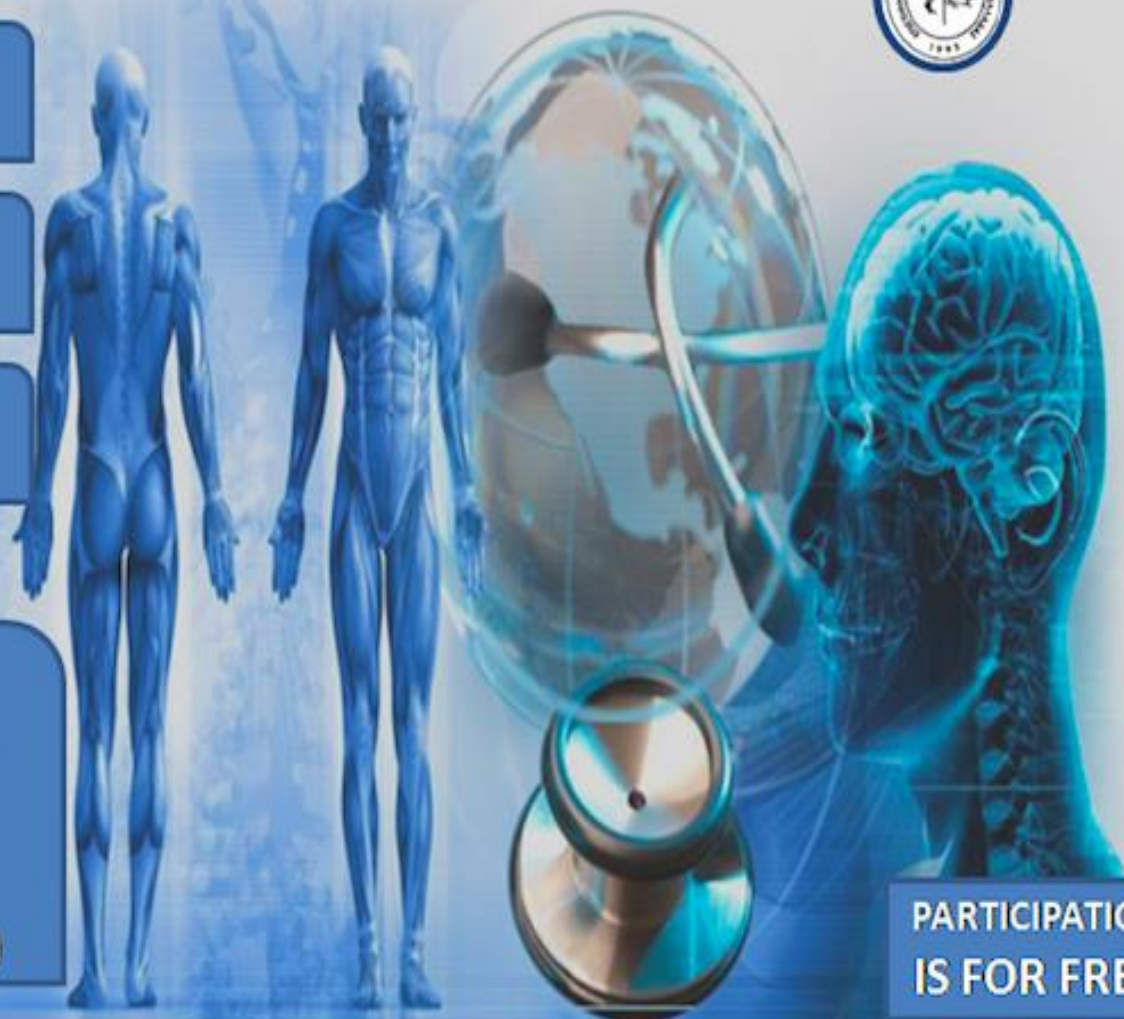
CLINICAL
TUTORIALS

INTERACTIVE
LECTURES

13

CONTINUING
MEDICAL
EDUCATION
CREDITS
(CME credits)

PARTICIPATION
IS FOR FREE



October 9-11, 2015

Patras, Agora Argini Events Hall

ccim.gr

ΠΛΗΡΟΦΟΡΙΕΣ:

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Greetings of the Student Organizing Committee

The Department of Patras of the Scientific Society of Hellenic Medical Students with co-organizers, the Medical Department and the Deanery of the University of Patras are delighted and honored to invite you to the "2nd Clinical Course of Internal Medicine for Medical Students and Medical Graduates" which will take place on October 9th -11th, 2015 at the Events Hall Agora Argiri, in the city of Patras.

The main goal of this Course is to enrich our knowledge and define questions that have been formed upon basic matters of Internal Medicine during its practice on a clinical level.

The Course WILL BE FREE FOR ALL THE PARTICIPANTS and our goal is to embellish our scientific program with clinical tutorials, round tables, lectures and selected workshops with the participation of distinguished scientists with wide clinical experience and remarkable research project from numerous Universities and Medical Institutions of Greece and abroad, offering a unique three-day educational experience for Medical students and students from other Health Sciences, as well as Junior Doctors.

After the extremely successful organization of the 1st Course on September 28th-29th, 2014, our will is to make this Course an annual event, in order to transform the city of Patras into an annual meeting point of accomplished scientists, students and junior doctors from every part of Greece with the support and cooperation of the academic and scientific community.

Alongside with the organizing of the Course, we are delighted to present to you, the publication of a Special Manual, entitled "Emergencies in Internal Medicine" which will constitute valuable tool to every student and junior doctor at his effort for absolute comprehension and correct practice of Medical Science.

Supporters in our effort were our teachers and professors, with their valuable support not only for organizing the Course but for the publication of the Special Manual as well. We would like to thank them kindly, hoping we will prove ourselves to be worthy of the trust they showed us. Furthermore, we would like to thank all the members of the Organizing Committee of the Department of Patras of the Scientific Society of Hellenic Medical Students, who with passion, fervor and creative ideas have contributed to the development of the Department so far and the organization of this Course.

Finally, we would like to welcome you to the great city of Patras at the “2nd Clinical Course of Internal Medicine for Medical Students and Medical Graduates” and we hope that these three days will be beautiful and constructive, full of knowledge, prized experiences and most of all, beautiful memories.

On behalf of the Student Organizing Committee

The president of the Course

Liarakos Alexandros-Leonidas
*President of the Scientific Society of Hellenic
Medical Students-Department of Patras*

The honorary president of the Course

Marantos Theodoros
*Honored President of the Scientific
Society of Hellenic Medical Students--
Department of Patras*

GREETING OF THE SCIENTIFIC SOCIETY

Honored co-workers, dear students,

I am pleased to welcome you to the 2nd Clinical Course of Internal Medicine for students and graduates of Medical School, which follows last academic year's first successful event.

Organizing this Course is another proof of the quality of our students, who are struggling in these tough times to spread the word of contemporary medical knowledge and communication among the students and the scientists. In these terms, Workshops of emergencies and lectures of discrete speakers from multiple fields of Pathology like Nephrology, Endocrinology, Cardiology, Gastroenterology, Rheumatology and other specialties will be included in the program of the Course.

The 2nd Clinical Course of Internal Medicine is an initiative worth praising. It is our duty as members of the Scientific Society to stand next to you, supporting your efforts. An effort which will offer you not only job training but also conscientiousness and a sense of responsibility.

I wholeheartedly wish you good luck and keep on with your scientific and social work with the same passion and ethos, as The S.S.H.M.S. - Department of Patras demonstrates.

Dimitrios Goumenos

President of the Scientific Society

Professor of Nephrology

President of the Hellenic Society of Nephrology

Department of Patras- A brief story ...

The Department of Patras, for the last years owns a very particular and at the same time fascinating part in the history of the Scientific Society of Hellenic Medical Students. It maintains an indispensable part of the Medical School of Patras with its enormous range of activities and the partnerships that has formed with numerous medical scientific events.

In the quiver of our activities are included; the conduction of 1) multiple one-day conferences with matters that concern medical affairs, like the "Management of Emergency Cases", "Urgent Surgery", " Electrolyte disorders" but also matters of social content, like "Addictions" 2) workshops, such as "Workshop: An Imaging Approach of Anatomical structures" and "Trauma suture" and 3) programs of humane content, like the program "Voitho ara Iparxo (I help, therefore i exist " (support program for the Social Solidarity Clinic). Furthermore, the Department of Patras has participated in many Panhellenic events (10th Pan-Peloponnese Medical Congress, 24th Panhellenic Conference on AIDS, 8th Diabetes Conference, 6th Panhellenic Conference on Thrombosis and Antithrombotic Treatment), but also in every activity of the S.S.H.M.S.

The most precious moment of the Department of Patras was the organizing of the 19th Scientific Congress of Hellenic Medical Students and the 7th International Forum of Medical Students and Junior Doctors for the first time at Patras and just 3 years after its reestablishment. The 19th Scientific Congress of Hellenic Medical Students was held on April 19th-21th, 2013 at the Conference and Cultural Centre of the University of Patras and became a reference point for the entire University of Patras and the broader region of southern Greece. The Scientific Congress attracted the interest of approximately 1000 conferrers, students and scientists from Greece and abroad. The organization of an international conference was the result of hard and well-coordinated work, creativity and the inquiring mind of the Medical Students of Patras.

Another memorable moment was the organization of the 1st Clinical Course of Internal Medicine in Patras, which took place on September 27th, and 28th, 2014 with over 400 participating students from Patras, Athens, Thessaloniki, Ioannina, Crete, Alexandroupoli and Larisa. The massive acceptance of this event and on the whole the positive assessment of fellow students, set our foundations for the introduction of this, as an annual event in the national student medical events. An event, where Medicine and other Health school students and young doctors will give in autumn, an appointment with Patras Seminar for clinical Pathology.

Finally, we organized with great success the event "Medical Career's Day- Medical Research and Specificity" on November 7, 2014 in Patras with numerous participating students from Medicine and other Health Sciences.

The next great moment of our department will be on 13-15 May, 2016, when at the Conference and Cultural Centre of the University of Patras will take place the 22nd Scientific Congress of Hellenic Medical Students and the 10th

International Forum of Medical Students and Junior Doctors.

We set even higher goals and we promise that the best are coming!

On behalf of the Council of the Department of Patras

Liarakos Alexandros-Leonidas President

Kosmopoulou Fay Vice-president

Menti Ariadni Secretary

Fermeli Dionysia Treasurer

Pachis Christos Member

ORGANIZING COMMITTEE

| | | |
|---------------------------|--------------------------------|---------------------|
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| Honorary President | Marantos Theodoros | |
| Secretaries | Kosmopoulou Foteini | Menti Ariadni-Maria |
| | Fermeli Dionisia | Pachis Christos |

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Kouroglou Eugenia

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ELECTRONIC DATA AND EQUIPMENT TEAM

Avramidis Dimitrios (in charge)

Manakis Andreas

TRANSLATION OF THE SCIENTIFIC PROGRAM TEAM

Kallou Eleftheria
Stylianopoulou Lydia

HEADS OF THE DEPARTMENTS OF S.S.H.M.S

| | |
|---------------------------------|------------------------|
| S.S.H.M.S ATHENS | Karamaroudis Stefanos |
| S.S.H.M.S THESSALONIKI | Staikoglou Nikolaos |
| S.S.H.M.S CRETE | Stathakis Georgios |
| S.S.H.M.S LARISA | Samara Athena |
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PANHELLENIC BOARD OF DIRECTORS OF S.S.H.M.S

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| President | Pantelidis Panteleimon |
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SCIENTIFIC COMMITTEE

Alexandridis Theodoros

Professor of Endocrinology, Medical School , University of Patras.
Director of Endocrinology Department, General University Hospital of Patras

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Assistant Professor of Internal Medicine, Medical School, University of Patras

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Director of Nephrology Department, General University Hospital of Patras
President of the Hellenic Society of Nephrology
Deputy Chairman of the Hellenic National Transplant Organisation

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Karamouzos Vasileios

Internist

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General Secretary of the Hellenic Society of Infectious Diseases

Panagiotakopoulos Georgios

Internist-Infectious Disease Specialist
Assistant Professor of Pharmacology, Medical School, University of Patras

Papalois Apostolos

Director of the Experimental – Research Center ELPEN
Visiting Professor, Harvard Medical School
Teaching Duties, Medical School, University of Athens and University of

Alexandroupolis

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Subsidiary Nephrologist, Nephrology Clinic of General University Hospital of Patras

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Roupas Nikolaos

Resident of Endocrinology, General University Hospital of Patras

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Internist

Attendant of Internal Clinic, General Hospital of Attica «KAT»

Research Fellow of Diabetes Clinic, General Hospital of Attica «KAT»

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Sideris Michail

Resident of General Surgery, King's College Hospital NHS Foundation Trust

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Symeonidis Anargyros

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Director of Haematology Clinic, General University Hospital of Patras

Chachalis Georgios

Associate Professor of Cardiology, Medical School, University of Patras

Chroni Elisavet

Professor of Neurology, Medical School, University of Patras

SCIENTIFIC PROGRAMME

FRIDAY, OCTOBER 9 ,2015

| | ACS | CPR | DKA | ARF | NIMV |
|-------------|--------------|--------------|--------------|--------------|--------------|
| 16.00 | Arrival | Arrival | Arrival | Arrival | Arrival |
| 16.30-17.10 | Group A | Group B | Group C | Group D | Group E |
| 17.15-17.55 | Group B | Group A | Group D | Group E | Group C |
| 17.55-18.10 | Break | Break | Break | Break | Break |
| 18.10-18.50 | Group C | Group D | Group E | Group A | Group B |
| 18.55-19.35 | Group D | Group E | Group B | Group C | Group A |
| 19.35-19.45 | Break | Break | Break | Break | Break |
| 19.45-20.25 | Group E | Group C | Group A | Group B | Group D |
| 20.30-20.45 | Certificates | Certificates | Certificates | Certificates | Certificates |

Session 1: Acute Coronary Syndrome (ACS)

Supervisor: Chachalis Georgios

Instructors: Ktenas Dionysios, Perperis Angelos

Coordinator: Menti Ariadni

Session 2: First Aid – Cardiopulmonary Resuscitation (CPR)

Supervisors: Velissaris Dimitrios, Karamouzos Vasileios

Instructors: Velissaris Dimitrios, Karamouzos Vasileios

Coordinator: Kosmopoulou Fay

Session 3: Diabetic Ketoacidosis (DKA)

Supervisor: Alexandridis Theodoros

Instructors: Roupas Nikolaos, Leontidis Stavros

Coordinator: Liarakos Alexandros-Leonidas

Session 4: Acute Renal Failure (ARF)

Supervisors: Goumenos Dimitrios, Papachristou Evangelos, Papatiriou Marios

Instructor: Papatiriou Marios

Coordinator: Fermeli Dionysia

Session 5: Non-invasive mechanical ventilation – C-PAP; indications and usage

Supervisor: Velissaris Dimitrios, Karamouzos Vasileios

Instructor: Velissaris Dimitrios, Karamouzos Vasileios

Coordinator: Marantos Thodoris, Pachis Christos

SATURDAY, OCTOBER 10 ,2015

09.30-10.00 Registrations

10.00-10.40 Lecture

Sepsis and Septic Shock

Speaker: Marangos Markos

10.40-11.20 Lecture

The use of antibiotics in every-day clinical practice

Speaker: Siagkris Dimitrios

11.20-11.50 Break

11.50-12.50 Roundtable

Arterial hypertension

A. Primary

Speaker: Papatiriu Marios

B. Secondary

Speaker: Alexandridis Theodoros

12.50-13.30 Presentation of Clinical Cases

Diabetes Mellitus Type II; from diagnosis to treatment

Speaker: Alexandridis Theodoros

13.30-15.30 Lunch Break

15.30-16.10 Lecture

Differential diagnosis of abdominal pain

Speaker: Theomopoulos Konstantinos

16.10-17.00 Lecture

Cirrhosis of the Liver; a common clinical entity and its complications

Speaker: Lampropoulou-Karatza Chrysoula

17.00-17.30 Break

17.30-18.10 Lecture

Coronary Heart Disease; from diagnosis to treatment

Speaker: Chachalis Georgios

18.10-18.50 Lecture

Clinical therapeutic with presentation of a case

Speaker: Panagiotakopoulos Georgios

18.50-19.15 Break

09.15-20.00 **Opening Ceremony**

Scientific – Professional development of doctors and their skills and their participation in research programs. The role of personality. (Life Coaching) Speaker: Papalois Apostolos

SUNDAY, OCTOBER 11 ,2015

10.00-10.40 Lecture

Differential diagnosis of anaemia

Speaker: Symeonidis Anargyros

10.40-11.15 Lecture

Differential diagnosis of lymphadenopathy

Speaker: Symeonidis Anargyros

11.15- 11.45 Break

11.45-12.30 Lecture

From deep-vein thrombosis in pulmonary embolism

Speaker: Solomou Elena

12.30-13.00 Lecture

Interpretation of general blood test

Speaker: Solomou Elena

13.00-13.30 Break

13.30-14.00 Presentation of Clinical Cases

Differential diagnosis of wheezing

Speaker: Spyropoulos Konstantinos

14.00-14.30 Lecture

Why we should regulate diabetes?

Speaker: Sgouros Konstantinos

14.30-15.00 Lecture

Designing a new teaching model for approaching a patient

Speaker: Sideris Michail

15.00-16.30 Lunch Break

16.30-17.00 Lecture

Differential diagnosis of acute mono-arthritis

Speaker: Daousis Dimitrios

17.00-17.30 Lecture

Acute paralysis due to neuromuscular diseases

Speaker: Chroni Elisavet

17.30-17.45 Closing Ceremony

17.45-18.15 Receipt of Certificates

GENERAL INFORMATION

Organizing

Scientific Society of Hellenic Medical Students (S.S.H.M.S.)- Department of Patras

Time and Place of Conduction

October 9th-11th, 2015 (Friday-Sunday)

Events Hall Agora Argiri (Agiou Andreou 12, close to KTEL), Patras

Official Languages of the Seminar:

Greek, English

Credit Points System of the Course

13 Credit Points of Continuing Medical Education (CME-CPD) from the Panhellenic Medical Association (P.M.A.) will be given to the participants.

Right of Participation

The Course will be **free** to all the participants.

The right of participation includes:

- Attendance of lectures-speeches
- Free entry to the Workshops for those who will be chosen (with the receiving of the certificate of participation)
- Confidential material
- Coffee break
- Attendance Certificate
- Attending the Opening Ceremony

Contact

You can find whatever information or contact us via the official site of the Course <http://ccim.gr/>

Secretariat of the Course

Congress world

Thanks

We would like to thank the Medical School of University of Patras and the Deanship of the University, as well as, every speaker and trainer for their participation on the Seminar.

We would also like to thank Mr. Antoniou Sotiri and Mr. Karamesini Konstantino for the promotion of the Seminar and their support.

Last but not least, we would like to thank the people in charge of the Agora Argiri Events for the warmth with which they embraced our event.