

Scientific Society of
Hellenic Medical Students
Chapter of Patras



Πληροφορίες :
www.eefie.org/ccim



4th Clinical Course of Internal Medicine

for Medical Students and Medical Graduates

December 8th – 10th 2017
Agora Argiri, Patras

Interactive
Presentation



Round
Tables



Clinical
Cases



Workshops



Participation
FREE

Program

In Cooperation with :



ΠΑΝΕΠΙΣΤΗΜΙΟ
ΠΑΤΡΩΝ
UNIVERSITY OF PATRAS
Τμήμα Ιατρικής

Under the Auspices



ΙΑΤΡΙΚΗ ΕΤΑΙΡΕΙΑ ΔΥΤΙΚΗΣ ΕΛΛΑΔΟΣ
ΚΑΙ ΠΕΛΟΠΟΝΝΗΣΟΥ

With the Participation



Αγκαλιάζε
ΕΥΡΩΠΑΪΚΗ ΕΤΑΙΡΕΙΑ ΓΥΝΑΙΚΕΙΑΣ & ΠΕΡΙΟΧΕΥΣΗΣ
ΕΤΟΣ ΙΔΡΥΣΕΩΣ 1999



Welcome Letters

Welcome Letter of the Organizing Committee

The Chapter of Patras of the Scientific Society of Hellenic Medical Students with co-organizers, the Medical Department and the Deanery of the University of Patras are delighted and honored to invite you to the “4th Clinical Course of Internal Medicine for Medical Students and Medical Graduates” which will take place on December 8th -10th, 2017 at the Events Hall Agora Argiri, in the city of Patras.

The main goal of this Course is to enrich our knowledge and define questions that have been formed upon basic matters of Internal Medicine during its practice on a clinical level.

The Course will be free for all the participants and our goal is to embellish our scientific program with clinical lessons, round tables and lectures with the participation of distinguished scientists with wide clinical experience and remarkable research project, offering a unique three-day educational experience for Medical students and students from other Medical Sciences, as well as Junior Doctors.

After the extremely successful organizing of the 1st Course on September 28th-29th, 2014, the 2nd Course on October 9th – 11th, 2015 and the 3rd Course on October 14th-16th we are closer to our will, to add to this event an annual color, transforming the city of Patras to an annual meeting point of accomplished scientists, students and junior doctors from every part of Greece with the direct support and cooperation of the academic and scientific community.

Supporters in our effort, for the four consecutive year are our teachers and professors with their valuable support for organizing the Course. We would like to thank them kindly, hoping we will prove ourselves to be worthy of the trust they showed us. Last but not least, we would like to thank all the members of the Organizing Committee of the Chapter of Patras of the Scientific Society of Hellenic Medical Students, who with passion, fervor and creative ideas have contributed to the development of the Chapter so far and to organizing this Course.



Closing up, we would like to welcome you to the great city of Patras at the “4th Clinical Course of Internal Medicine for Medical Students and Medical Graduates” hoping you’ll have a beautiful and constructive three-day full of knowledge, prized experiences and most of all, beautiful memories.

On behalf of the Organizing Committee

**The President of the
Course**

Dimitrios Kapnisis

**The Honored Presidents
of the Course**

*Theodoros Marantos
Alexandros – Leonidas
Liarakos*

Welcome Letter of the Scientific Committee

My dear Students,

I welcome you at the “4th Clinical Course of Internal Medicine, for Medical students and Medical Graduates”, which it is organized for the fourth consecutive year, after the successful organization of the previous Courses last years.

We have worked together many times these last years, I truly congratulate you for your initiative, and for your continuous and irreducible interest for the knowledge and the research. The way that you manage your education sets a strong foundation for your future career and as a final impact the patient’s benefit.

I wish you from my heart good luck and continue the tradition. We are with you.

Venetsana Kyriazopoulou
Professor of Endocrinology in Internal Medicine
Rector of the University of Patras



Welcome Letter of the Department of the Internal Medicine

Dear Colleagues, students and Healthcare Scientists,

On behalf of the Department of Internal Medicine of the University Hospital of Patras, I have the pleasure to welcome you to an outstanding scientific three-day, the 4th Clinical Course of Internal Medicine for Medical Students and Medical Graduates.

The formation of a new reality at the recent years, has affected the field of medicine as well, creating new challenges. The Chapter of Patras (S.S.H.M.S.), utilizing its dynamic presence, undertakes for 4th consecutive year to contribute to the evolution and adaptation of the medical students to the new facts.

I'm sure that the 4th Clinical Course of Internal Medicine for medical students and medical graduates will compose a great opportunity for further development of scientific interests and dialogue and will contribute to their training.

Charalampos Gogos

Vice – President of the Scientific Society

Professor of Internal Medicine – Infectious Diseases

Director of Internal Medicine Department – University General
Hospital of Patras

SSHMS . . . A Brief Story

The Scientific Society of Hellenic Medical Students (SSHMS) was established in 1993 and today it consists of 7 Chapters, one in each Greek University's Medical School, and is staffed with more than 3.000 registered members. The goal of SSHMS is the scientific activation of Medical Students and the medical, social and educational work. In cooperation with homologous and other academic societies, the SSHMS has accomplished and continues to organize many National scale actions, like the program "Medical Landing, the ABCS (Thessaloniki) and the Clinical Course of Internal Medicine (Patras).

The most precious event of the Society is the Scientific Congress for Hellenic Medical Students. Furthermore, each chapter of the Society organizes many educational courses, and day conferences during the academic year.

Chapter of Patras . . . A Brief Story

The Chapter of Patras of the Scientific Society of Hellenic Medical Students (S.S.H.M.S.), owns a very particular and at the same time fascinating part in the history of the S.S.H.M.S.. Since its re-establishment in May 17th, 2010, it maintains an indispensable part of the Medical School of Patras with its enormous range of activities and the partnerships, which has formed with numerous medical scientific events. In these last six years, the chapter enumerates over 350 active members. The wide acceptance and recognition gained the cooperation and support from the Deanery of the University of Patras and the School of Medicine of the University of Patras.

In the quiver of our activities are included numerous scientific, social, and humanitarian events and activities. The most precious moments of the Chapter of Patras were the organisation of the 19th Scientific Congress for Hellenic Medical Students & 7th International Forum for Hellenic Medical Students and Junior Doctors, the 22nd Scientific Congress for Hellenic Medical Students & 10th International Forum for Hellenic Medical Students and Junior Doctors and the Clinical Course of Internal Medicine for Medical Students and Medical Graduates.

The image features a white background with two sets of parallel diagonal stripes. One set of stripes is dark blue, and the other is a lighter, vibrant blue. These stripes intersect to form a central white rectangular banner. The banner has a slight 3D effect, with a dark blue shadow on its left side and a thin dark blue line along its bottom edge. The word "Committee" is centered within this banner in a dark blue, serif typeface.

Committee

Organizing Committee

President of the Course

Dimitrios Kapnisis, *5th year undergraduate student, Medical School, University of Patras*

Honored Presidents of the Course

Theodoros Marantos, Resident of Internal Medicine, University General Hospital of Athens “Attikon”

Alexandros – Leonidas Liarakos, *Doctor, Clinical and Research Fellow in Diabetes and Endocrinology, Kettering General Hospital, NHS Trust, UK*

Secretaries of the Course

Panagiotis Efthimiou, *3rd year undergraduate student, Medical School, University of Patras*

Stergios Nasikas, *4th year undergraduate student, Medical School, University of Patras*

Amalia Papanikolaou, *3rd year undergraduate student, Medical School, University of Patras*

Eleni Polyzou, *5th year undergraduate student, Medical School, University of Patras*



Members

Radulescu Carla, *2nd year undergraduate student, Medical School, University of Patras*

Loukia Alexopoulou, *3rd year undergraduate student, Medical School, University of Patras*

Tsidem Aпти, *2nd year undergraduate student, Medical School, University of Patras*

Dimitra Archontouli, *3rd year undergraduate student, Medical School, University of Patras*

Vasiliki Garantzioti, *2nd year undergraduate student, Medical School, University of Patras*

Andreas Gerakaris, *4th year undergraduate student, Medical School, University of Patras*

Natalia Kalouta, *2nd year undergraduate student, Medical School, University of Patras*

Aimilia Kanellopoulou, *3rd year undergraduate student, Medical School, University of Patras*

Foteini Kaponi, *3rd year undergraduate student, Medical School, University of Patras*

Aikaterini Karagianni, *3rd year undergraduate student, Medical School, University of Patras*

Panagiota Kokosi, *3rd year undergraduate student, Medical School, University of Patras*

Electra Koulousousa, *3rd year undergraduate student, Medical School, University of Patras*

Georgios Lyras, *3rd year undergraduate student, Medical School, University of Patras*

Manakis Andreas, *5th year undergraduate student, Medical School, University of Patras*

Marina-Aigli Papanastasiou, *4th year undergraduate student, Medical School, University of Patras*

Stylliani Preka, *3rd year undergraduate student, Medical School, University of Patras*

Chrysaugi Sgoura, *2nd year undergraduate student, Medical School, University of Patras*

Eleftheria Spanou, *3rd year undergraduate student, Medical School, University of Patras*

Andreas Sofis, *3rd year undergraduate student, Medical School, University of Patras*

Tatiana Tantoulou, *2nd year undergraduate student, Medical School, University of Patras*

Aggeliki Tsoupra, *5th year undergraduate student, Medical School, University of Patras*

Stamatia Tsoupra, *6th year undergraduate student, Medical School, University of Patras*

Chrysafi Filippousi, *3rd year undergraduate student, Medical School, University of Patras*



Scientific Committee

President

Venetsana Kyriazopoulou, *Professor of Endocrinology in Internal Medicine, School of Medicine, University of Patras, Rector of the University of Patras*

Vice - President

Charalampos Gogos, *Professor of Internal Medicine – Infectious Diseases, Director of Internal Medicine Department, School of Medicine, University of Patras*

Members

Petros Aggelopoulos, *5th year undergraduate student, School of Medicine, University of Patras*

Karolina Akinosoglou, *Specialist in Internal Medicine – Clinical Fellow in Infectious Diseases, Teaching and Research Associate, University of Patras*

Grigorios Alokrios, *General Practitioner, Scientific Director of Chalandritsas Health Center, Member of the Board of Panhellenic Society of Geriatrics and Gerontology*

Adamantia Aretha, *Anesthesiologist – Intensive Care Specialist, Curator A, Intensive Care Unit, University General Hospital of Patras*

Ioannis Dimitrakakis, *4th year undergraduate student, School of Medicine, University of Patras*

Sarantia Doulou, *5th year undergraduate student, School of Medicine, University of Patras*

Apollonas Zigomalas, *General Surgeon, Curator in Surgery in Clinic Olympus Therapy of Patras, MSc, PhD, FACS*

Chistina Kalogeropoulou, *Assistant Professor of Radiology, School of Medicine, University of Patras*

Dimitrios Kardamakis, *Dean of the School of Health Sciences, Professor of Radiotherapy-Oncology, School of Medicine, University of Patras*

Dimitrios Karelas, *5th year undergraduate student, School of Medicine, University of Patras*

Maria Kogkoli, *Physist – Dietitian – Nutritionist, University of Harokopeio*

Nikolaos Kounis, *Professor Emeritus of Internal Medicine, Technological Educational Institute of Western Greece, Research Associate, Cardiology Clinic, University Hospital of Patras*

Dimitrios Kyriazis, *4th year undergraduate student, School of Medicine, University of Patras*

Dimitrios Lianas, *General Practitioner, Director of ΠΕΔΥ, Health Center of South Department of Patras*

George Leventopoulos, *Assistant Curator B, Cardiology Clinic, University General Hospital of Patras*

George Mantzouranis, *General Practitioner, Director of Patras' South Department Health Unit, Central Coordinator of Education of General Practitioners of Western Greece*

Maria Megapanou, *5th year undergraduate student, School of Medicine, University of Patras*

George Panagiotakopoulos, *Internist – Specialist of Infectious Diseases, Assistant Professor of Pharmacology, School of Medicine, University of Patras*



Apostolos Papalois, *PhD, KGSJ, AMACS, Director of Research and Experimental Department of ELPEN, Visiting Professor, Harvard Medical School, Assistan President of National E.Z.E.E.Σ. Committee*

Rodis Paparodis, *Endocrinologist, Visiting Professor, University of Toledo, OHIO, USA*

Lamprini Papachrysanthaki, *Nurse, President of Society of Volunteers against cancer – Agkaliazo, Prefecture of Achaia*

Eleni Pavlidu, *MD, Msc, Director of General Medicine of National Health System, Director of Emergency Department of General Hospital of Patras*

Eleni Papachristodoulou, *5th year undergraduate student, School of Medicine, University of Patras*

Thea-Ntora Radulescu, *5th year undergraduate student, School of Medicine, University of Patras*

Nikolaos Spyridis, *Haematologist, Assistant Curator B BMTU, Internal Medicine Clinic, University General Hospital of Patras*

Nektarios Sioulas, *Anesthesiologist – Resident of Intensive Care, Intensive Care Unit, University General Hospital of Patras*

Konstantinos Spyropoulos, *Professor of Pulmonology, School of Medicine, University of Patras, Director of Pulmonology Clinic of University General Hospital of Patras*

Despoina Spyropoulou, *Assistant Professor of Radiotherapy-Oncology, School of Medicine, University of Patras*

Eleni Tsamantioti, *5th year undergraduate student, School of Medicine, University of Patras*

Christos Tsilivigkos, 6th year undergraduate student, School of Medicine, University of Patras

Christos Triantos, Curator A, Department of Gastreenterology, University General Hospital of Patras

Foteini Fligkou, Assistant Professor of Intensive Care Unit of the University of Patras, Director of Clinical Anesthesiology and Intensive Care, University General Hospital of Patras

Georgios Hahalis, Professor of Cardiology, School of Medicine, University of Patras, Director of Cardiology Clinic, University General Hospital of Patras

Athina Christopoulou, Director of Oncology, Oncology Unit of General Hospital of Patras, Doctor of School of Medicine of University of Patras

Elisavet Chroni, Professor of Neurology, School of Medicine, University of Patras, Director of Neurology Clinic, University General Hospital of Patras

Konstantinos Chrysanthopoulos, Professor Emeritus of Pathology – Infectious Diseases, President of Panhellenic Society of Geriatrics and Gerontology

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Scientific Program

Workshops

Friday, December 8th, 2017

Basic Medical Knowledge for the Rural Doctor

- | | |
|---------------|---|
| 17:30 – 18:10 | Interpration of General Blood Test
<i>Nikolaos Spyridis</i> |
| 18:10 – 18:50 | Interpretation of Acid – Base Balance
Disorders – Blood Gases
<i>Konstantinos Spyropoulos</i> |
| 18:50 – 19:00 | Break |
| 19:00 – 19:40 | Basic Principles & Diagnostic Breast
Imaging Approach
<i>Cristina Kalogeropoulou</i> |
| 19:40 – 20:20 | Interpretation of Electrocardiogram
<i>Leventopoulos Georgios</i> |

Participants : 30 People

Sunday, December 10th, 2017

- | | |
|--------------|--|
| 9:30 – 11:00 | Basic Principles of Airway Management-CPR
<i>Residents of ICU – University General
Hospital of Patras</i> |
|--------------|--|

Participants : 25 People

Scientific Program

Saturday, December 9th, 2017

9:10 – 9:30

Registrations

9:30 – 10:45 Round Table of Internal Medicine **“Medical Emergencies in the rural medical center”**

Chairmen : Charalampos Gogos, Karolina Akinosoglou

Patient with chest pain

Petros Angelopoulos

Patient with fever and hemorrhagic rash

Dimitrios Karelas

Patient with reported episode of syncope

Thea-Dora Radulescu

Patient with cirrhosis and lethargy

Maria Megapanou

Patient with diabetes and disorder of level of consciousness

Sarantia Doulou

10:45 – 11:00

Break

11:00 – 11:45 Oral Presentation

Chairmen : Charalampos Gogos, Dimitrios Kapnisis

Common mistakes in treatment of community infections

Karolina Akinosoglou

11:45 – 12:00

Break

12:00 – 13:30 **Round Table of Geriatrics**
*Chairmen : Constantinos Chrysanthopoulos,
Stergios Nasikas*

The Geriatrics Today

Grigorios Alokrios

Specific Features of elderly people in surgery

Apollon Zygomalas

Eating Disorders in elderly people

Maria Kogkoli

Diabetes at the third age

Rodis Paparodis

The Syndrome of Fragility of elderly people

Constantinos Chrysanthopoulos

14:00 – 17:00

Lunch Break

17:15 – 17:30

Attendance

17:30 – 18:30 **Session: «Physical Examination by Systems»**

Chairmen: Dimitrios Kapnisis, Eleni Polyzou

Physical Examination of Nervous System

Elisavet Chroni

**Physical Examination of Gastrointestinal
System**

Christos Triantos

18:30 – 18:45

Break



18:45 – 19:30 **Interactive Lecture on a Clinical Incident**
Chairmen: Panagiotis Efthymiou, Papanikolaou Amalia

The Creative Vagueness in Therapeutics
Georgios Panagiotakopoulos

19:30 – 20:30 **Opening Ceremony**
Chairmen: Theodoros Marantos, Dimitrios Kapnisis

**Daily Life in the Hospital and the Clinic.
Ethics, education and professional
relationship issues in the light of teamwork**
Apostolos Papalois

Sunday, December 10th, 2017

11:00 – 11:15

Attendance

11:15 – 12:30 **Round Table of Pulmonology “Similaritis and differences between Asthma and Chronic Obstructive Pulmonary Disease (COPD)”**
Chairmen: Konstantinos Spyropoulos

Definition & Pathogenesis of Asthma and COPD

Christos Tsilivigkos

Pathophysiology of Asthma and COPD

Ioannis Dimitrakakis

Clinical Manifestation of Asthma and COPD – Blood Gas

Eleni Papachristodoulou

Smoking and Asthma – COPD

Dimitrios Kyriazis

Treatment of Asthma

Eleni Tsamantioti

12:30 – 12:45

Break

12:45 – 13:30 **Oral Presentation**
Chairmen: Dimitrios Kapnisis, Panagiotis Efthymiou

Medical Treatment of Emergency Cases at the Rural Medical Center

Eleni Pavlidou

14:00 – 17:00

Lunch Break



17:15 – 17:30

Attendance

17:30 – 18:00

Oral Presentation

Chairmen: Georgios Mantzouranis, Eleni Polyzou

**Fast-track Triage at the Emergency
Department, the experience of the General
Hospital of Patras**

Dimitrios Lianas

18:00 – 19:00

Oral Presentation

Chairmen: Georgios Hahalis, Dimitrios Kapnisis

Allergy & Heart: Kounis Syndrome

Nikolaos Kounis

19:00 – 19:15

Attendance

19:15 – 20:15

Round Table of Oncology

Chairmen: Dimitrios Kardamakis, Stergios Nasikas

**Medical Approach of the patient with
palpable breast nodule**

Athina Christopoulou

**Equipment of the Radiotherapist-Oncologist
for the treatment of the oncologic patient**

Despoina Spyropoulou

19:15 – 20:15

Closing Ceremony

Chairmen: Dimitrios Kapnisis, Eleni Polyzou

Voluntarism: The power of Love

Lamprini Papachrysanthaki

20:15 – 20:45

Receipt of Cetificates





General Information

Discussion Topics

- Allergology
- Cardiology
- Gastroenterology
- General Medicine
- Geriatrics
- Hematology
- Hepatology
- Infectious Diseases
- Internal Medicine
- Neurology
- Preventive Medicine
- Pulmonology
- Oncology
- Radiology
- Radiotherapy
- Urgent Medicine

Planned Course Activities

- Round Tables
- Clinical Cases
- Interactive Presentations
- Lectures
- Workshops (Basic Medical Knowledge for the Rural Doctor)
- Opening Ceremony
- Closing Ceremony



General Information

Organization

Scientific Society of Hellenic Medical Students (SSHMS) – Chapter of Patras

Date & Venue

December 8th-10th, 2017 (Friday – Sunday)

Agora Argiri Events Hall

(Ag. Andreou 12, Patras, Greece)

Official Course Languages

Greek, English

Certificate of Attendance

For receiving the certificate of attendance the participant need to attend 60% of the whole Scientific Program. In the entrance will exist a barcode system.

Information - Contact

You can find any information or contact us via :

Our official website of the Seminar : www.eefie.org/ccim

Our e-mail : ccim@eefie.org

Our Facebook page : 4ο Κλινικό Σεμινάριο Παθολογίας

Scientific Support

The 4th Clinical Course of Internal Medicine, for Medical Students and Medical Graduates is supported by the following Institutions and Societies :

- University of Patras
- School of Medicine, University of Patras
- Medical Society of Western Greece and Peloponnese
- Panhellenic Society of Geriatrics and Gerontology

Thanksgiving

We would like to thank the Department of Medicine of the University of Patras, the Deanery of the University of Patras and all of the speakers and teachers for their participation in the course.

Furtsermore, we would like to thank the Medical Society of Western Greece and Peloponnese, the Panhellenic Society of Geriatrics and Gerontology for their help.

At the same time, we owe a great thank to our sponsors who helped us in this event and especially the Scientific Publications Parisianou and the Company Datum Business Solutions.



Participation Benefits

The Registration for the Seminar will be FREE for all participants.

The registration for the 4th Clinical Course of Internal Medicine includes :

- Active Participation in Course Activities
- Participation in Workshops
- Receipt of Course Material
- Certificate of Attendance (Attendance 60%)
- Participation in the Social Program (Coffe Brakes)

Artistic Program and Site Editor

Stergios Nasikas

